

Family Meal Planner

WILLIAMS-SONOMA

Fill in your menu for each day and then assign duties based on everyone's abilities in the boxes below. We've included a shopping list below to make shopping for the week easier.

MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ENTRÉE							
SIDE #1							
SIDE #2							

FAMILY TASKS

Grocery Shop:							
Cook:							
Set/Clear Table:							
Wash Dishes:							

SHOPPING LIST FOR THE WEEK

Produce:	Meat:	Dairy:	Dry Goods:	Frozen:	Misc.:
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